KAMARES VILLAGE HOUSEOWNERS' ASSOCIATION Registered under Cyprus Statute 112

July 2017

KAMARES VILLAGE MATTERS

Kamares Village Houseowners' Association Newsletter

Recycling bags

If you have not picked up your first free new recycling bags you can pick some up from the Council office. After this you can buy from any supermarket - any clear, brown or black or box for paper and cardboard. Any transparent bag for plastic and cans. Collection is each Monday after 7.30a.m. Please note, you should still use the green bell-shaped bins at the recycling points for glass.

Zelemenos residents can still use the bins at the Club for recycling paper, cardboard, plastic and cans as they are remaining for the moment. Tala residents *should not* use the bins.

Litter Pickup



You're off the hook for July and August and the normal litter pickups will be back in September. Get your bags and gloves ready.

Committee News

by Val Potter KVHA Secretary



We now have rails down two of the slopes from the Club patio which have been precarious for ladies with high heels!! They will be a great help for the pool parties. Thanks to Panayiotis and Marinos.



Cat at the Club chasing cicadas on the tree!





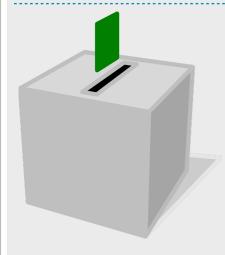


EMERGENCY MEDICAL CENTRE Reception 26 653 328

> EMERGENCY NUMBER 99329434

Medical Centre GP Surgery Hours

The Doctor is available Monday to Friday from 9 am - 12 noon only. Please be aware if you wish to consult with the Doctor you should be there before 12 noon.



Compulsory Voting Abolished

As suggested last month - the House plenum abolished mandatory voting by 40 votes to three. Now, if you are registered to vote, and find you cannot or don't want to vote you won't be liable to a \in 340 fine.

Wednesday Blood Clinic



By Appointment Only

We Will Deliver Your Blood To The lasis

Results Will Be Sent To Kamares

No Extra Cost

For patients needing blood tests.

These can now be collected from the patient at The Kamares Medical Centre thus avoiding the need to visit the Iasis Hospital for the tests. Results are returned to The Kamares Medical Centre.

Kamares Medical Centre

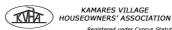
26 653 328

Blood Clinic every Wednesday from 7 am to 9 am



Kamares Club Weekly Activities Full details on the website and our Notice Board at the Club

	Morning	Afternoon	Evening
Monday	Yoga		
	Bridge Club		
Tuesday	Paphos Voices Choir		Quiz
Wednesday	Tai Chi Art Group	Book and DVD Library	Monthly Wine Tasting
Thursday	Bridge Club		
Friday	Orphean Singers	Quilting Group	
	Tai Chi		





Join For 2018

Are you in Cyprus for the summer? Why not join the KVHA for 2018 while you are. Just leave €5 in Box 19 at The Kamares Club with your name or your 2017 membership card and we will do the rest. Give us a couple of days and your new membership cards will be in your Kamares Mailbox or at Reception.

Don't forget the €5 subscription covers everyone in your household so include their names and email addresses with your renewal details.

The Handkerchief Tree.



It was originally believed that those who hang personal offerings on the branches of this centuries old terebinth tree will be cured of any illnesses or ailments they may have. These personal offerings were usually handkerchiefs and many locals and visitors did so in the hope of a cure. However, nowadays.....



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Upcoming **Social Events**



Cool Around The Pool Party

on Friday, July 28th with the Three Decadez singing Vintage, Abba, 80s and more. €23 includes a BBQ buffet and welcome glass of punch. Payment by July 26th.

Tropical Paradise Pool Party

on Thursday, August 17th with Mark Gregory who entertained us so well at the March and Buzz Into Spring Party. €21.50 includes a buffet and welcome tropical drink. Payment by August 15th.

Tickets available

at Kamares Reception

on 26 880 576

or email kamaresclub@vestaholidays.com

to secure your table.

Useful Telephone Numbers

USEFUL TELEPHONE NUMBERS				
Emergency Number for Ambulance, Fire or Police	112 / 199			
Police and Fire Services - Duty Officer	1499			
Medical Assistance - Hospital Information	1400			
Kamares Club Reception	26 88 05 76			
Larnaca and Paphos International Airports	77 778833			
Street Light Fault Reporting (EAC)	1800 with pole number			

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A number of fantastic events have been held recently, and free! One weekend there were 8 choirs outside the Town Hall, the Cyprus Symphony Orchestra at Tala Amphitheatre and aerial dancers at the Castle Square.



The following weekend, amazing. energetic Japanese drummers,

Yamato taiko drum ensemble, wowed thousands in the Town Hall square and July 1st the Summer highlight, Eternal Voyages was held along the harbour and castle areas, starting with a Samba band procession from the municipal baths. Dancers, acrobats, dynamic lighting on the castle, and fantastic fireworks all organised by the Manchester based company Walk The Plank who also created the opening ceremony in January.



Heliosphere photo courtesy of Mike and Pat Vaughan

Pafos 2017 - Upcoming Events

Check out upcoming events, including the famous Spanish singer, Luz Casal on July 29th at the Castle Square on <u>www.pafos2017.eu</u>

It's Jolly Hot

Don't forget to stay hydrated. In this heat drink plenty of water or juice. It is recommended that two litres of fluid should be consumed over a 2 to 4 hour period. Although a nice thought, beer and other alcoholic drinks are no substitute for water or juice! Have a look at the article in KVM issue 2 called *Dehydration*.



A Heatwave

There's a lot of talk about heatwaves at the moment as we are supposed to be living or suffering through one right now. But what exactly is a heatwave?

The World Meteorological Organisation's definition of a heatwave is when the daily maximum temperature for more than five consecutive days exceeds the average maximum temperature by 9 degrees. Well, according to <u>cyprus-weather.org</u> the average temperature for July on the west coast is 30°C. So did we have five consecutive days at 39°C?

Did You Know?



The first Olympic medal won by Cyprus was at the London 2012 Olympics by sailor Pavlos Kontides - a silver.

KAMARES VILLAGE HOUSEOWNERS' ASSOCIATION

Panagia tou Sinti Monastery by Maggie Wright

The abandoned monastery of Panagia tou Sinti is situated on the banks of the Xeros River in Pentalia, near Salamiou and is dedicated to the Virgin Mary (Panagia) of Sinti.

The church has an octagonal dome with four windows and belongs to the first half of the 16th century. Its central nave is in good condition, and it is considered to be one of the most important buildings of the Venetian period.

The Monastery remained in operation until 1927 and thereafter was abandoned. In 1994, the Monastery of Kykkos undertook the maintenance of the Monastery, completing it in 1997 when it earned the Europa Nostra Award for the use of good restoration techniques and preservation of its original character. Today the monastery is under the protection of UNESO.



Concerts are held there, most recently a Pafos2017 event in June. Please note that a 4x4 is needed to reach the monastery.

Did You Know?



Cyprus is one of just two nations and the first in the world to include its map on its flag. Wondering, which is the other nation? It's Kosovo.

Polemi Concentration Camp

by Maggie Wright

It was used to imprison EOKA suspects during the George Grevas era. The site was selected because it was the coldest, mosquito ridden and inhospitable area they could find. The site was quite large and covered the Sodap winery area as well. The existing watch. tower is original and you enter the nissen hut you will find a model of the camp made by one of the prisoners which highlights its size and the number of inmates. According to the official description it was one of eight that the British operated in Cyprus. during the Freedom Fight against colonial rule in the years 1855-1959. It operated for 102 days and became notorious for the horrific and inhumane conditions suffered by the detainees.



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